

January/February yoga (movement and listening skills) schedule:

January 14th - Fieldhouse

5:30pm - Infant class

6:30pm - Toddler class

January 16th - East Side Jazzercise

9:40 am - Toddler Class

<u>January 25th</u> - Fieldhouse

9:30 am - Toddler class

10:30 am Toddler class

February 11th - Fieldhouse

5:30pm - Infant class

6:30 pm - Toddler class

February 20th - East Side Jazzercise

9:40 am - Toddler class

February 22th - Fieldhouse

9:30 - Toddler class

10:30 - Toddler class

Toddler = Walking well through 2 year olds -

An adult/child interactive class that will involve music, movement and yoga. Class is approximately 45 minutes. You do not need a yoga mat for this class.

Infant = 6 weeks to walking - adult/child interactive class. Please bring a yoga mat.

Call 523-1160 to reserve your spot! Class size limited.

The Fieldhouse:2235 W Kingsley 65807 (In meeting room, Go to Far west side entrance)

East Side Jazzercise - 2732 E Chestnut Exp. 65802 - (next to Subway) At the intersection of Cedarbrook

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